

Best Practices Meeting May 2, 2008

Attendees: Sam Plaster, Debra Cheshier, Stephanie Long, Pamela Guyer, Mike Roth, Sharon Burnett, Dr. James McMillen, Bryant McNally, Dr. Naveed Razzaque, Sharon Thomas, Kerri Hock, Becky Miller, Cindy Wrigley, Denise Clemonds, Don Reynolds, Dr. David Brunworth and Dr. David Cravens

<u>Topic</u>	<u>Discussion/Action</u>	<u>Action</u>
Welcome/Introductions – Sam Plaster	Sam welcomed the group and introductions were made.	FYI
Section for Long Term Care Regulation Updates – Debra Cheshier	Debra stated that she is now the Division of Regulation and Licensure Deputy Director. Shelly Williamson is the Interim Administrator for the Section for Long Term Care Regulation (SLCR). The Division hopes to have the Section Administrator position filled by early June. Debra wants to attend the Best Practice meetings as much as possible and continue to be involved in long-term care issues.	FYI
	The Legislative session has only two weeks left. Long-term care did not have any specific budget items. State employees will receive a 3% pay increase effective July 1. House Bill 1516 concerning Vulnerable Persons includes some added protection for seniors living in their homes and in facilities, by adding crimes that disqualify someone from providing in-home services.	FYI
	SLCR created a proposal that deals with architecture plans. Plans have to be submitted to SLCR for review and it has been difficult to obtain qualified staff. SLCR proposed assessing a fee based on the size of the project that needs to be reviewed.	FYI
	Fire safety legislation that passed last year transferred the authority to conduct fire safety inspections to the State Fire Marshal. SLCR entered into an agreement to delay the State Fire Marshal's authority until July 1 st this year. Their authority will begin with the state-licensed only facilities, which includes approximately 600 residential care facilities and assisted living facilities. SLCR provided training for the State Fire	FYI

	<p>Marshal staff this past week. The basics of documentation for survey, gerontology, life safety code, and fire safety issues were covered. The training also included a site visit. The next training will be held mid-June. The inspections will start July 1. SLCR will continue to work with the State Fire Marshal since this is a new arena for them.</p> <p>There are 8 different Quality Improvement (QI) initiatives underway for SLCR, which will improve efficiencies and promote quality. One of the QI initiatives is evaluating the section-wide training needs to determine areas of needed training, including professional development. Another initiative is a pilot program in St. Louis. Complaint team surveyors will be using laptops to write up complaints in the field. A pilot program on hotline calls has been implemented in Region 6, in which calls are routed to the regional office.</p> <p>Provider meetings are scheduled for June and July. The focus will be emergency plans and disaster preparedness.</p> <p>DHSS put together a work group of physicians, hospitals, and MO Hospital Association to look at Altered Standards of Care. The idea is that during a massive emergency event, like a pandemic flu, healthcare resources and delivery will not be able to meet the demands, so traditional standards of care will not be possible. This group will work on planning, triage of patients, triage of supplies, and how transportation is impacted.</p> <p>Discussion has begun on who gets care, what kind, where, who will provide, logistics, practice related issues, ethical issues, guidelines on transportation, decision making, and liability issues. These issues will impact long-term care. There will be issues of urban versus rural. This group meets quarterly and the next meeting is in July. Long-term care joined the group in November 2007.</p>	<p>FYI</p> <p>FYI</p> <p>FYI</p>
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<p>Consistent Staffing Issues – Julie Ballard</p>	<p>Julie is the MC5 Chair. MC5 stands for Missouri Coalition Celebrating Care Continuum Change and focuses on culture change. She passed out several articles on consistent staffing, including an article by David Farrell, which pulled together research on this issue. Consistent staffing means having the same caregiver caring for the same patient/resident 80 to 85% of the time. Most facilities have policies that require staff to rotate their assignments. Consistent staffing develops relationships between caregiver and resident and provides person centered care. This type of care is one of the goals of the Advancing Excellence campaign. Of the 227 homes registered and of the 8 goals, consistent staffing was listed as number 6. Pressure sores was number 1. Advancing Excellence held a teleconference in December 2007. There will be another teleconference on June 3.</p> <p>Julie attended the <i>Creating Home in the Nursing Home: A National Symposium on Culture Change and The Environment Requirements</i> meeting on April 3 in Washington, DC. She is hoping some great things will come out of this meeting. Plans are being made for rule changes on environment. MC5 is looking at not limiting resident's environment. The website for the Pioneer Network is www.Pioneernetwork.net.</p>	<p>FYI</p>
<p>Pressure Ulcers – Pam Guyer</p>	<p>Pam gave a presentation and provided handouts on pressure ulcers and how states ranked with high-risk pressure ulcers. She provided data comparing Missouri with the other states in our region – Kansas, Nebraska and Iowa. Three high-risk conditions were identified: bed mobility or transfer, malnutrition, and comatose. There are processes of care that appear to impact pressure ulcer prevention and healing, including the use of pressure-relieving devices. Missouri ranked low in the use of pressure-relieving devices. Pam would like the Best Practices Coalition to take some action in reducing pressure ulcers in nursing homes. Becky Miller is with the Hospital Advisory Committee, which will</p>	<p>Debra Cheshier will get</p>

	get together in June or July. Primaris will be taking part in the group. They are looking at a tool kit that can be used by nursing homes, home care, hospitals, etc.	the American Medical Directors Association (AMDA) guidelines by the August 1 meeting.
Vitamin D/Calcium Supplements – Dr. David Brunworth	<p>Dr. Brunworth surveyed Dr. Morley, Dr. Carmichael and Dr. Klachko concerning the use of Vitamin D. They all agreed that Vitamin D is beneficial as a supplement. They also agreed that too much can be a problem.</p> <p>During lunch, Dr. Brunworth showed a video he developed on end of life issues and planning for residents and families. The video is currently still in draft form. It was noted that 50% of residents die in the nursing home within six months of admission. Decisions need to be made when a patient/resident is admitted. Funding is needed for this project.</p>	Dr. Brunworth will work on developing a recommendation statement to put on the Best Practices web page, concerning the use of Vitamin D as a supplement.
Medical Director Tag Training – Sam Plaster	<p>Medical Director training was provided at each SLCR regional office. SLCR surveyors have been encouraged to interview medical directors concerning physician issues, resident clinical issues, and facilities' clinical practices. The Medical Director tag will be a topic during the annual surveyor training. A panel of physicians will be formed along with questions and answers from the medical director point of view. Dr. Razzaque indicated there should be a resource for the medical director to provide guidance concerning the medical director's scope of practice.</p> <p>SLCR is in the process of entering into a contract with the Missouri Center for Career Education, University of Central Missouri to develop the FENCE (Furthering Education for Nurses Who Care For the Elderly) project. The contract includes three phases: development of online student and instructor manuals, development of secure online test bank, and instructor training. The contract period will be from July 1, 2008 through September 30, 2009. A handout provided details concerning the phases of the project. SLCR will be seeking input from the Best</p>	Dr. Razzaque will develop guidance and bring it to the next meeting.

	<p>Practices Coalition concerning marketing and implementation. There is currently a small advisory committee but more experts will be needed to review the materials.</p> <p>A handout was distributed seeking updated contact information for members. Changes should be forwarded to Sam.</p> <p>The Best Practices web page information was given out. Any suggested changes should be forwarded to Sam.</p>	<p>Please send an e-mail to Sam Plaster at Sam.Plaster@dhss.mo.gov, if you are interested in participating in the advisory committee.</p> <p>Send updated contact information to Sam Plaster.</p> <p>Send suggested changes to Sam Plaster.</p>
<p>LTC Transfer Pilot Update – Sharon Burnett</p>	<p>Sharon passed out the Long Term Care Handoff Communication, Emergency Department Handoff Communication, and Hospital to Extended Care Handoff Communication forms for everyone to review. At the beginning of the project, information was sent to 35 long-term care facilities; 14 responded and 3 participated in the pilot. The hospitals indicated that too many forms were sent to the LTC facilities. The LTC facilities had problems sending and receiving faxes. Too much information was required. Boone Hospital ended up creating their own form. Lake Regional Hospital was pleased with the form, but in the end did not follow the process.</p> <p>Sharon went over the forms and the changes that were made. This is the last chance to give feedback on the forms and Sharon will need suggestions as soon as possible. She wants to bring a larger group together to review the recommendations. Active involvement is needed from the LTC facilities and LTC associations to promote the revised forms. Assistance is also needed in developing training materials. Most LTC facilities are utilizing forms from Briggs. Maybe Briggs could adopt the forms. The transfer group could come up with a plan tool kit to roll out the new forms to hospitals and facilities. It could be defined as a Best Practice issue on our web site.</p>	<p>FYI</p> <p>Send comments to Sharon Burnett regarding forms by June 1.</p>

Meeting adjourned	<p>Sam thanked Primaris for continuing to host the meeting.</p> <p>The next meeting is scheduled for August 1, 2008.</p>	FYI
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